What?
Snack Pak 4 Kids San Antonio’s (SP4K-SA) purpose is to provide weekend food SECURITY for children who are chronically hungry and lack adequate weekend nutrition. Our aim is for students who receive a weekly Snack Pak to show increases in school attendance, the ability to concentrate and participate, and improvement in academic performance, behavior and health.

In 2012, SP4K-SA began serving students in one SAISD school. During the 2017-18 school year, SP4K-SA is providing weekend food supplements every single Friday for over 1,900 students in 22 schools in four school districts in the San Antonio area.

Why?
It is estimated that between 10-20% of children who qualify for the National School Lunch Program during the school week do not have a consistent, dependable diet on weekends. In San Antonio, we estimate somewhere between 10,500-21,000 children need weekend food supplements.

Who?
Volunteers from churches, civic organizations, PTAs and businesses make a commitment to a particular school to help support student learning and strengthen the community. These groups typically handle the responsibilities of funding, stocking, packing and delivering Snack Paks to the school/classroom.

Administrators, Counselors, and/or Teachers determine if a child is in need of a weekend supplement by considering if the following characteristics are present: rushing food lines, extreme hunger on Monday mornings, eating other’s food, always asking for seconds, extremely thin or obese, chronically dry or cracked lips, excessively sick or absent from school, and/or nervousness or anxiety as the weekend approaches.

(www.feedingamerica.org)
**When?**

Weekly Snack Paks are discreetly distributed to identified students by their teachers during specials or lunch.

Monthly stocking and packing occurs at the Daily Bread Ministries warehouse facility. All community volunteers are welcome!

Annually teachers are surveyed for their input and guidance regarding SP4K-SA’s results.

**How?**

A Parent Permission form (available in English and Spanish) MUST BE signed and returned to the school before a child receives a Snack Pak.

Snack Paks include food items that are shelf stable and can be opened and administered by a four-year-old child without adult supervision. The menu is designed to focus on both calories and protein items that students will eat and enjoy. Our products with the exception of peanut butter are purchased through Labatt Foods. HEB provides the bags used to hold food items; bags are sent home via the child’s backpack each Friday. During longer breaks, students will receive a 16-ounce jar of creamy peanut butter and a sleeve of crackers in addition to their Snack Pak.

If a parent indicates his or her student has a peanut allergy, the school must notify the SP4K-SA Coordinator and a peanut-free Snack Pak will be provided.

**How Much?**

Currently, $12.50 a month or $150 a year will provide food for an elementary school student during the school year. Summer programs cost about $35 more. 100% of all donations are used to purchase food unless otherwise designated by the donor.

**How to Contact?**

The SP4K-SA website is found at [www.sp4ksa.org](http://www.sp4ksa.org). Volunteer opportunities and access to future information about our Snack Pak program are available on our website. Please direct any questions or concerns to Leslie@sp4ksa.org.

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