

Coloring Your Prayers, Opening Your Heart

If you can write your name, draw a line on paper, or use scissors and glue, you can color your prayers! This prayer practice is active and engaging while at the same time contemplative and meditative. It is playful and prayerful. It can become part of your individual prayer practice, and can contribute to corporate prayer and worship. While using crayons, markers and beautiful papers to pray and illustrate our prayers may seem a modern practice, its ancient roots are evidenced by illustrated prayer books and gospels throughout the life of the church. Even so, such a practice is not about producing great art, but about opening your heart, connecting with God and coming into the presence of the Divine.

Join The Reverend Faith Bledsoe,
Rector of St. Francis Episcopal Church, Victoria, TX
for a one day workshop **August 1, 2009**

Faith has explored color and creative endeavors all of her life through painting, drawing and doodling, needlework and quilting. Faith, whose drawing skills are limited to simple shapes, lines and stick figures, has been coloring her prayers with pens, pencils, crayons, paper and fabric for many years.

9:00-9:30—gather with coffee/tea
9:30-12:00— Morning prayer and presentation/art experience
12:00 noon prayer and lunch
(provided by the Order of the Daughters of the King)
love offering accepted
1:00-3:00 Presentation/art experience
3:00-4:00 Holy Eucharist

Please call 361-575-0441 for reservations



Sponsored by
The Commission
for Women's Ministries

St. Francis Episcopal Church
3002 Miori Lane
Victoria, TX